| SEPI 2025 - Istanbul Congress Integrative Foundations of Psychotherapy Preliminary Program | | | | | | | | | |
|---|---|---|--|---|--|---|--|---|---|
| | HALL 1 | HALL 2 | HALL 3 | 10 Octo | ber 2025, Frid | HALL 6 | HALL 7 | HALL 8 | HALL 9 |
| 09:00 11:50 | PRE-CONFERENCE WORKSHOP 1 Psychothrapy Integration from the Bottom Up: Clinical Application Jeffery Smith | PRE-CONFERENCE WORKSHOP 2 Structural Analysis of Social Behavior (SASB): Tracking Relationship Patterns for Integrative Practice and Research Kenneth Critchfield Ekin Kıyıcı | | | | | | | |
| 14:45 | KEYNOTE ADDRESS Neural Underpinnings of Enduring Change in Psychotherapy: A Computational Approach to the Renewal of Emotional Development Richard D. Lane | | INDIVIDUAL PAPER Role-Play as an Integrative Tool for Psychotherapy Training: An Experience with Undergraduates in Brazil Lucia Marques Stenzel Phenomenological and Humanistic-Experiential Convergences in Process-Centered Psychopathology Perspective Lucia Marques Stenzel Creative Art Therapy For Mental Disorders Aysun Aktaş Özkafacı | MINI-WORKSHOP What's on Your Therapy Dashboard? Monitoring Your Work for Effectiveness Douglas Behan | PANEL Building The Foundations for Integrative Health Care Services Beyond the Barriers: A Greek-Turkish Bicommunal Project Moderator: Kyriakos N. Platrites The "Medflora Museum": A Paradigm How to Integrate Prevention and Therapy Cafer Potinci The "Mind Gym": A Model of Emotional, Cognitive, and Behavioural Support for Pupils Eleftheria Kazamia The "Cyprus Safe Horizon": An Integrative Psychosocial Program Supporting Asylum Seekers Rania Tsouridi & Leda Christodoulou Findings of an Integrative Model Utilizing Music and Creative Writing: Case Study of an Adult with Multiple Diagnoses Christina Marangou "EASY Rehab": A Plan to Develop an intensive Therapy Program for Addictions Kyriakos Platrites | | PANEL Anatolian DEQ Tattoo Tradition: Identity, Emotional Regulation, and Object Relations Chair: Esra Kiper Identity Development and DEQ Tattoos Kadir Gündoğdu Tattoos in Object Relations Theory Nazdar Karaçavuşoğlu Emotion Regulation and Tattoo Culture Sena Akgün | INDIVIDUAL PAPER The Integrative Foundations of HypnoMeditative Reprocessing Therapy as a Contemporary and Integrative Therapy Model Haluk Alan Art Therapy in Coping with Anxiety When Working with Children Sevim Ketenci | PANEL Chair: Tahir Özakkaş Integrative Nutrition and Psychotherapy from Freud to Lacan in the Post-Truth Era Kamil Tuzgöl Funda Tuzgöl |
| 16:30 | INDIVIDUAL PAPER Client-Responsiveness: The Art of Collaborative, Client-Generated Therapy Richard Hill Integrated Teaching of Psychotherapy: The Y Model Eric M. Plakun | INDIVIDUAL PAPER Adaptation of Transdiagnostic Intervention for Sleep and Mood Disturbances: An Integration for Improved Treatment Outcomes Jemimah A Johnson The Role of Intolerance of Uncertainty and Psychological Flexibility in Inhibitory Learning-Based ERP for OCD Mareena Thampy The Impact of Therapeutic Interventions on Pathogenic Beliefs: A Longitudinal Analysis of Change Across Therapy Sessions Tuba Dursun Tuncel | | PANEL Chair: Serpil Kırım An Investigation of Psychotherapists' Use of Social Media Platforms in Turkey Serpil Kırım Feride Koçak Can Hasret Günaydın Pişmişoğlu | INDIVIDUAL PAPER Child and Adolescent Psychotherapy in the Digital Space: Potential, Challenges, and Effectiveness of Online and Tele-Psychotherapy, Digital Health Applications, and Al- Assisted Interventions Markus Boeckle How We Keep Going: A Relational Understanding of Palestinian-Focused Social Justice Activism Ekin Kiyici Development of a Therapy Preference Measure for Young People Mick Cooper | | PANEL The Integrative Role of Language in Psychotherapy Chair: Gazal Ayhan Wittgenstein ve Saussure: Dilin Bütünleştirici Etkisi Gazal Ayhan Nörobiyoloji ve Dilin Beyindeki Etkileri Gizem Karagözlü Lacan ve Dilin Psikanalitik Boyutu Furkan Zeybel Paul Wachtel ve İlişkisel Terapide Dilin Rolü Didem Uzunhelvacı | PANEL Chair: Elif İmamoğlu Reinforcement to The Mentalization Capacity: Women Who Run the with Wolves Gülistan Duygu Yazar Selcen Ertürk Mürvet Boğa | PANEL Chair: Şükran Özdemir The Analysis of the Little Prince from an Integrative Psychotherapy Perspective Hacer Tunç Özkan Zeynep Güler Hatice Nazan Sağlam |
| 18:15 | MINI-WORKSHOP Finding, Forming and Transforming The Self - Healing Attachment Trauma Through AEDP Annika Medbo | INDIVIDUAL PAPER Integrated Psychotherapy for Terrorism Survivors: A Case Study in Treating PTSD and Promoting Posttraumatic Growth Luiz Mafle Examining the Perception of Emotional Abuse and Cyber Human Values-Oriented Behaviors in Adults Chair: Dilara Sena Özbek Beyza Uslu Emotion Focused Therapy Nil Topaloğlu | INDIVIDUAL PAPER My Partner is the Problem - Integrative Therapy in Infidelity Ummul Fatima Emotional Regulation and Psychotherapy: The Self- Healing Mind Through Neuroplasticity Ayşegül Sefunç Psychodrama in Group Therapy Ensuring Cultural Integration Examples of Socio-Drama Elif Baybuğa | INDIVIDUAL PAPER Dissociative Identity Disorder and Its Neurobiology: A Case Presentation Based on Play Therapy Ayşin Akdağ Relational Psychotherapy in Schizoid Personality Disorder Nazan Parlak Examining the Tendencies of Dissociative Clients to Challenge Therapeutic Boundaries and the Impact of Countertransference Enactment on Dissociation from an Integrative Psychotherapy Perspective Kübra Yılmaz | INDIVIDUAL PAPER The Effectiveness of the Integrative Approach in Group Therapy and an Example of Integrative Group Therapy Practice Fatıma Nur Konukpay Sociodramatic and Sociatric Interventions in Earthquake Trauma Deniz Altınay Emotion-Focused Group Therapy: Transforming the Feeling of Shame Chair: İrem Yıldırım Habibe Aykan | PANEL Psychotherapy of Emotional and Psychosomatic Regulation (PIREP): A New Integrated Model Chair: Vincenzo Caretti Vincenzo Caretti Adriano Schimmenti Lucia Sideli Andrea Fontana Alessio Gori | INDIVIDUAL PAPER Looking at Ivan Goncharov's Oblomov Through the Lens of Psychoanalysis and Symbolization Nilay Koç Kut Self-Love is Healing Hatice Saygılı Filial Therapy From an Integrative Therapy Perspective Büşra Bayram | INDIVIDUAL PAPER Investigation of the Relationship Between Communication and Problem-Solving Skills in Adolescents and Its Evaluation in the Context of Social Service Planning Güneş Küçük Investigation of the Relationship Between Internet Addiction and Emotional and Behavioral Problems Among Middle School Students Chair: Rümeysa Üçüncü Pınar Ateşağaoğlu Continuation of Attack Therapy Developed in Accordance with Turkish Culture with Emotion-Focused Therapy (Case Of Mrs C) Hacer Ulaşan | PANEL A Review on the Therapeutic Contribution of Integrating EMDR and Object Relations Theory Büşra Rümeysa Acar Merve Tümkaya |
| 09:00 10:15 | HALL 1 STRUCTURED DISCUSSION Teaching the Art and Science of Psychotherapy Chair: George Silberschatz Jeffery Smith George Silberschatz Tevor Ahrendt | HALL 2 STRUCTURED DISCUSSION Is Client Preference Accommodation a Facilitative or a Curative Foundational Integrative Variable in Psychotherapy? Chair: Joshua K. Swift Jennifer L. Callahan Mick Cooper Betul Tatar | HALL 3 PANEL Integrative Psychotherapy in Latin America with Contributions of Psychoimmunology Chair: Margarita Dubourdieu Integrative Psychotherapy Margarita Dubourdieu Neurovictimology Ana Dolores Quijada Mindfulness and Meditation Angela María Sierra | HALL 4 STRUCTURED DISCUSSION The Engagement of Emotional Experience and Insight in Couple Therapy; Passive Aggression, Projective Identification and How It Effects on Negative Interaction Cycles | PANEL Ego State Therapy The Evolution of Ego-State Therapy: From Watkins' Work to Modern Applications Elif Baybuğa The Evolution of Ego-State Therapy: From Watkins' Work to Modern Applications Habibe Aykan Security in Relationships: How Ego-State Therapy Facilitates Attachment Repair? Case Study Presentation Cem Doğan Combining Ego-State Therapy with Hypnosis and the Expressive Arts Ashkan Anbarzadeh | HALL 6 PANEL The Therapist's Perspective on Sexuality and Its Role in the Therapeutic Process: An Examination in the Context of Transference and Countertransference Merve Arı Beyza Atlı Bozkurt | HALL 7 INDIVIDUAL PAPER Breastfeeding Process and Mother-Infant Attachment: A Mixed-Method Study on Mothers' Attachment Representations During the Weaning Process Ayşe Gül Durmuş A Woman in Need of the World's Love: Marilyn Monroe Zelal Yılmaz Tuğçe Kuzu Akın Serra Demirel Reconstructing Maternal Identity: An Integrative Approach through Mother-Baby Workshops Hayriye Nurdan Çam | HALL 8 INDIVIDUAL PAPER A Integrative View of Psychotherapy: Boundaries, Ethics, Analysis of the Dynamics of Transference and Countertransference Rümeysa Üçüncü How Does HRT Work? Serra Seylin Alan Gencer Social Traumas and Collective Learned Helplessness Aysel Bahçecik | INDIVIDUAL PAPER Analyzing the Existential Dilemma Between the Fear of Death and the Joy of Life in Cancer Patients Through SEPI Tutku Ural Divorce Process from a Integrative Perspective: Managing Separation Healthily in Couple Therapy Ayşe Gültekin The Impact of Traumatic Experiences on Borderline Personality Organization and Integrative Psychotherapeutic Approaches Özkan Yiğit |
| 12:00 | PANEL Dynamic Relational Therapy for Pernicious Personality Vulnerability Factors: Outcome and process Chair: Paul L. Hewitt An Illustrative Evidence-Based case study Anna Kristen Dynamic Relational Therapy in the context of clinical supervision: A clinical case study Samuel F. Mikail A Dynamic-Relational Approach to the Treatment of Narcissism Paul L. Hewitt Dynamic Relational Group Psychotherapy and the use of the here and now: Association with therapeutic factors Dennis Kivlighan | PANEL Developing an Integrative Curriculum for Early Stage Psychiatry Residents Joshua Pretsky Teaching Psychotherapy and the Therapeutic Relationship to Residents in a New Psychiatry Residency Diana Perez An Integrative Psychotherapy Curriculum: A Trainee's Perspective Satesh Seegobin Discussant Jeffery Smith | MINI-WORKSHOP Explaining How Psychotherapy For Personality Disorders Work Ueli Kramer | INDIVIDUAL PAPER Drawing Breath: Breathing in the Rhythm and Form of Art Therapy - Exercises and Workbook for Psychotherapists and Educators Linda Siegel Spiritual Psychotherapy for Adolescents with Conduct Disorder: Designing and Piloting a Therapeutic Package Maryam Salmanian | COFFEE BREAK PANEL A Comparative Analysis of Emotionally Focused Couple Therapy, Encounter-Centered Couple Therapy, and the Psychobiological Approach to Couple Therapy Regarding the Effects of Collective Trauma on Romantic Relationship Dynamics Chair: Ayşe Devrim Burçak Özge Öner Ayşe Devrim Burçak Mehmet Emin Zeybek | PANEL Experiential Approaches in Resolving Trauma Chair: İrem Yıldırım Experiential Approaches in Trauma Resolution: Childhood Traumas and Experiential Techniques Kübra Eltutar Trauma, the Nervous System, and the Body: Psychological and Physiological Interactions İrem Yıldırım Experiential Therapies in Resolving Trauma: Emotion-Focused Therapy Habibe Aykan Healing Trauma in Psychodrama Group Therapy Elif Baybuğa | PANEL Joker: A Psychopathological Analysis Beyzanur Hekimoğlu Ahsen Gündüz Beyza Nur Duman İlknur Karakoyunlu | PANEL Integration of Psychotherapy Theories: Neurobiological Integration of Cognition, Emotion, and Body from Top-Down and Left-Right Chair: Merve Şahinler Bayram Özgür Özden Mürüvvet Ece Kurt Merve Şahinler | INDIVIDUAL PAPER The Doctrine of Wahdat al-Wujud and Emotion-Focused Therapy Sinem Aritemiz As an Integrative Approach in Couple Therapies: Intimate Relationship Systems Diagram Şanver Yerebakan Artificial Intelligence-Based Psychotherapies: The Lack of Therapeutic Relationship and Limitations Melike Korkmaz |
| 14:45 | PRESIDENTIAL ADDRESS Psychotherapy Integration from the Bottom Up: One Big Therapy, Many Concepts and Tools Jeffery Smith | PANEL The Assessment of Dissociation of Intimacy in Clinical Practice: Development and Psychometric Properties of the Dissociation of Intimacy Questionnaire (DIQ) Chair: Vincenzo Caretti Vincenzo Caretti Adriano Schimmenti Andrea Fontana Alessio Gori | INDIVIDUAL PAPER Journeybuilding Helps Build Habitable Theoretical Structures on Psychotherapy's Integrative Foundations Jeremy Slaughter How Does Psychotherapy Work? Hoglend Revisiting Our Common Core-Navigating Emergent Opportunities Stienstra | PANEL Artificial Intelligence Consciousness and Psychotherapy: Ethical Dilemmas Chair: Furkan Zeybel Ayşegül Dokuz Singh Gizem Karagözlü Furkan Zeybel | MINI-WORKSHOP Structural Analysis of Social Behavior (SASB): Tracking Relationship Patterns for Integrative Practice and Research Ekin Kiyici | PANEL Examining the Effectiveness of a Career Education Program to Increase Students Career Decision-Making Self-Efficacy by Using fNIRS Rei Shimmen | PANEL The Effect of Parental Guidance on the Recovery Process of Children with Neurodevelopmental Disorder Who Have a History of Screen Exposure Chair: Mukadder Büyükeskil Mukadder Büyükeskil Handan Kılınç | STRUCTURED DISCUSSION The EMDR Technique and Integrative Psychotherapy Chair: Mehmet Akif Aydın Mehmet Akif Aydın Miray Zeynep Aydın Elif Gamze Ünlü | PANEL Integration of Polyvagal Theory and Body-Oriented Techniques in Schema Therapy: A Neurophysiological Framework for Emotional Regulation Chair: Reyhan Nuray Duman Mustafa Kılınç Nurtaç Koçak |
| 16:30 | PANEL Memory Reconsolidation in Psychotherapy: Narrative, Behavioral and Neurobiological Evidence Ueli Kramer Behavioral Evidence that Schematic Memory can be Updated with Corrective Emotional Experience in a Social Navigation Paradigm Richard D. Lane Memory Updating Processes in Psychotherapy: Validation of a Neurobehavioral Task Ueli Kramer | STRUCTURED DISCUSSION Beyond the Common Factors: Understanding the Fundamentals of Psychological Healing Chair: Boone Christianson Kaprena Moore Mannon Christianson | PANEL Fragmentation and Integration of Mental Health Professionals Exposed to Secondary Trauma Chair: Sühendan Toptaş Münire Şafak Müyesser Anar | PANEL Contemporary Object Relations, Transference- Oriented Therapy and Biological Reflections Ayşe Özata Büşra Bayram | PANEL Tailoring Patients to Treatment or Treatments to Patient? Chair: George Silberschatz Three Cases for GAD Trevor Ahrendt The Role of the Patient in Plan Formulation Jim McCollum The Therapist's Role in Creating a Formulation John T. Curtis | MINI-WORKSHOP Psychotherapeutic Support for Family Caregivers of People with Dementia and Older People in Need of Care Gabriele Wilz | PANEL Psychotherapy Journey: An Integrative Perspective on the Beginning, Middle Process, and Termination Stages Chair: Gülşah Acar Gülşah Acar Sümeyye Demir | PANEL An Integrative Approach to Vaginismus Treatment Chair: İnci Çavuşoğlu Funda Zorlar Orkide Şancı | PANEL Impulsivity, Empathy and Emotion Regulation Skills in Probation Male Obliged: The Effect of Group Therapy Chair: Gülşah Alcan Çapraz Betül Kılınç Daşdemir |
| 18:15 | REGIONAL NETWORKS SYMPOSIUM Macarena Espinoza | | STRUCTURED DISCUSSION Exploring Integrating Evidence-Based Basic-Science into Psychotherapy Adrianne Casadaban Chair: İnci Çavuşoğlu Integrating Evidence-Based Basic-Science into Psychotherapy: A Dynamic Assembly Framework for Understanding the Individual and Engaging Adaptive Features of Human Nature, Starting from Near-Birth Adrianne Casadaban From Dysregulation to Embodiment: Integrating Touch and Nervous System Regulation in Psychotherapy Selin Sert Yurdakul TBA John T. Curtis | PANEL A Dance of Integration and Differentiation in Group Therapy: Your Piece, My Story Büşra Aykan Güzeldal Ayşenur Ak | COFFEE BREAK INDIVIDUAL PAPER The Historical Evolution of Psychotherapy Systems in Accordance with the Zeitgeist Makbule Saka Dynamic Interactions Between Emodiversity and Dyadic Working Alliance: A Longitudinal Analysis Saadet Zümbül Scale Development Study On Transferred Psychological Trauma Beyza Uslu | PANEL The Impact of Turkey's Historical and Cultural Heritage on Psychotherapy: Transformation Between Traditional and Modern Approaches Nihal Hacıoğlu Deren İlhan Melike Yalınkılıçlı Rukiye Ceyhan | PANEL Living in the Shadow of the Digital Age: Developmental and Psychosocial Effects of Excessive Screen Exposure Across Age Groups Chair: Ayşin Akdağ Burçin Erdem Kınaş Ayşin Akdağ Aysun Ertikin Esra Torak | MINI-WORKSHOP Exploring Cyclical Maladaptive Patterns in Psychotherapy: A Skills- Based Workshop on Time- Limited Dynamic Psychotherapy Sühendan Toptaş | INDIVIDUAL PAPER Online Psychoeducation Groups for Mothers: Effects on Self-Efficacy and Self- Compassion from the Perspective of Field Theory Chair: Elif Demirel Sekine İpek Öcalan The Effect of Psychoeducation Group for Mothers on the Level of Self- Efficacy and Self- Compassion of Mothers: An Evaluation from the Perspective of Field Theory Chair: Sekine İpek Öcalan Elif Demirel Mechanisms of Emotional Transformation in Psychotherapy: Regulation, Expression, and Integration Chair: Müyesser Anar Sühendan Toptaş |
| 09:00 | HALL 1 MINI-WORKSHOP | HALL 2 INDIVIDUAL PAPER | HALL 3 PANEL | 12 Octok HALL 4 INDIVIDUAL PAPER | Der 2025, Sund HALL 5 MINI-WORKSHOP | HALL 6 PANEL | HALL 7 PANEL | HALL 8 PANEL | HALL 9 PANEL |
| 10:15 | The Historical Process of Psychotherapy in the Context of the Similarities and Differences Between Emotion- Focused Therapy (EFT) and Transference-Focused Psychotherapy (TFP) Tahir Özakkaş | TranSomatic Wellness: A Psychotherapy Integration Approach Zana Marovic Internal Family Systems Parts- Work: A Revolutionary Approach to Sustained Reduction of Suicide Lethality William Geis Using fNIRS to Examine the Effectiveness of a Career Educationa Program to Increase Students Career Decision- Making Self-Efficacy Rei Shimmen | A Developmental Perspective For Psychotherapy Richardson A Developmental Perspective For Psychotherapy Timothy Carreiro | Poetics and Psychotherapy: Towards a Poetological Foundation of Psychotherapeutic Practice Tamara M. Trebes | A Trans-Theoretical Method of Psychotherapy Case Formulation John T. Curtis George Silberschatz Trevor Ahrendt James McCollum | The Effect of Integrative Psychotherapy Education on the Personality Traits of Mental health Professionals Bahtiyar Eraslan Çapan Ayşe Devrim Burçak Fatma Zehra Ercan | Beyond the Self: A Multidisciplinary Examination of Neuro- Sensory and Emotional Integration in Psychotherapy From Psychodynamic Emotion- Focused and Neurobiological Perspectives Chair: Ali Faruk Kızılhan Elif Özata Merve Uyar Ayşe Kara | The Examination of Interactional Cycles in Emotionally Focused Couple Therapy (EFCT) Through Body-Emotion in a Cultural Context Chair: Gülhan Güçlü Telci Tuba Ergün Sinem Atay Sıdıka Nur Bal | An Analysis of Wedding Rituals Through the Lens of Masterson's Concept of Narcissism Chair: Ayşegül Dokuz Singh Beyza Nur Duman Hamza Bilgin Özge Şahin Ayten |
| 10:45 12:00 | Interpersonal Patterns, Case Formulation, and the Process and Outcome of Psychotherapy in a Transtheoretical Lens: A Cross-National Research Collaboration Kenneth Critchfield | MINI-WORKSHOP The Knoblochs Integrated Psychotherapy - The Social Psychotherapy of Group Schema. Back to the Future Enachescu Vladimir-Aurelian | PANEL Relational Reality: Reflection of New Physics Paradigms on Psychotherapy Deniz Sağ Burak Şensöz | PANEL Similarities and Differences Between Transference- Focused Therapy and Emotion- Focused Therapy Buğra Kal Emine Keskin Tahir Özakkaş | INDIVIDUAL PAPER Chair: Dilara Sena Özbek Unity and Multipylicity in the Process of Individuation Reflections from Anatolian Culture and Sufi Thought in the Psychotherapy Room Ahmet Kuş How Emotions are Reflected in Our Culture Hülya Kuş | PANEL The Role of Childhood Neglect in the Development of Psychopathology Esra Çetinkaya Yasemin Kapukaya Merve Nur Öztürk | MINI-WORKSHOP Chair: Esra Kiper Echoes from Psyche to Dance, from Dance to Psyche Mukadder Büyükeskil | PANEL How Does Therapy Change the Brain? An Integrative Perspective on Psychoanalytic Theories and Neurobiological Transformations Şule Şen Sefa Merve Aral Özgür Kartal | INDIVIDUAL PAPER Bodily Projection of Mental Symptoms and Body-Related Work in Therapy Çiğdem Çiftçi Kaygusuz The Relationship Between Attachment and Panic Disorder in the Context of Time Limited Dynamic Psychotherapy TLDP Process Ayşe Devrim Burçak The Effectiveness of Integrative Psychotherapy in Resolving Critical Incidents in Primary Care Family Medicine: A Case Series Focused on Clinically Meaningful Improvement Hayriye Nurdan Çam |
| 13:00 13:00 14:45 | PANEL Integration in Psychotherapy: What is it and How is it Done in Different Parts of the World? Chair: Markus Böeckle Veena Satyanarayana Kyriakos Platrites Alena Vecerova Ulrich Kramer Margarita Doubourdieu | MINI-WORKSHOP Nonverbal Coordination as a Crucial Therapist Skill: Its Measurement and Clinical Utility in Child Psychotherapy Moderator: Zeynep Catay Reliability and Validity of the Psychotherapist Nonverbal Coordination Scale Sibel Halfon Clinical Significance of Nonverbal Coordination in Child Psychotherapy Zeynep Catay | | MINI-WORKSHOP Structured Analysis of Dreams in the Integrated Method of Psychotherapy and the Four Dimensions of Personality Luiz Mafle | PANEL The Formulation of Case Y in the Therapy Room from the Perspectives of Impulse Conflict Theory, Abandonment Depression Theory, Self Psychology Theory, and Holistic Psychotherapy Hülya Kuş Elif Özata Banu Binbaş Yıldırım | STRUCTURED DISCUSSION How Patients Drive Change in Psychotherapy Chair: Jim McCollum George Silberschatz John Curtis Trevor Ahrendt | INDIVIDUAL PAPER Broken Ground, Restored Bonds: Group Therapy with Children After the Earthquake Mine Varol Artificial Intelligence in Psychotherapy: A Case of Social Anxiety with EMDR and ChatGPT Integration Cem Doğan Reflections of Narcissism in Turkish Culture Emrullah Kılıç | PANEL Cultural Codes in the Psychotherapy Process Chair: Esra Akcan Esra Akcan Ayşe Devrim Burçak Burak Şensöz | PANEL From The Nervous System To Social Dynamics: The Role Of Relativity In Integrative Psychotherapy Chair: Nil Topaloğlu Esra Çakır Zehra Şeker Esra Kiper |
| 16:30 | MINI-WORKSHOP Transtheoretical Case Formulation and Treatment Planning Chair: Connor Adams Natasha Hansen Rachel Weiler | INDIVIDUAL PAPER Integrating HRV Biofeedback and Motivational Interviewing to Improve Outcome Patrick Steffen Looking at Integrative Psychotherapy from a Cultural Dimension Tahir Özakkaş | | INDIVIDUAL PAPER Integration in Psychotherapy: The Integration of the Self Handan Macit Transference Analysis in Transference-Focused Psychotherapy Nazan Parlak Al-Assisted Ego State Therapy: The Potential of Digital Integration in Integrative Psychotherapy Yeşim Çelik | COFFEE BREAK MINI-WORKSHOP Steps, Stages and Phases of Psychotherapy as a Developmental Process: On Temporal Sequencing We Can Agree! Chair: Conceiçao Vasco Catarina Vaz-Velho Ana Silva | PANEL Adolescent Problems and Therapy Process in Turkish Culture Bahtiyar Eraslan Çapan Ayşe Devrim Burçak Selda Kavun | INDIVIDUAL PAPER Is It My Body That Hurts Or My Soul? Working With Somatization in Integrative Psychotherapy Burcu Özçelik Different Perspectives on Mental Health Classifications Mukadder Büyükeskil Handan Kılınç The Functionality of the Balance Model, one of the Positive Psychotherapy Inventories, on Panic Disorder in the Context of a Case Sultan Uncu | PANEL Paul Wachtel and Marvin Goldfried: Life Stories, Contributions to Integrative Psychotherapy, and Relationship with SEPI Chair: Adem Demirkan Adem Demirkıran Hasan Güneş Selman Nuri Gökgöz Ömer Faruk Ayten | PANEL Trauma Studies with Integrative Psychotherapy, Integrative Approach in Depression: Which Techniques are Effective and Integrative Perspective in Working with Personality Disorders Chair: Ayşegül Durmuş Kübra Eraslan Lütfiye Şeker Cansu Karaman |
| 18:15 | PANEL Embodied Healing: The Intersection of Touch, Neuroscience and Somatic Practice From Dysregulation to Embodiment: Integrating Touch and Nervous System Regulation in Psychotherapy Selin Sert Yurdakul Exploring the Foundations of Somatic Experiencing: A Pathway to Resilience Dilara Özel Integration of somatic experiencing into psychiatry; A case report of infertility with bipolar disorder diagnosis | | PANEL Contemporary Object Relations, Transference- Oriented Therapy and Biological Reflections Ayşe Özata Büşra Bayram | INDIVIDUAL PAPER A New Theoretical Perspective on the Formation, Symptoms and Treatment of the Dead Mother Complex Cihan İleri The Impact of Trauma on Alcohol and Substance Addiction Rabiye Akyüz The Effectiveness of EMDR (Eye Movement Desensitizationand Reprocessing) and EFT (Emotionally Focused Therapy)Methods on Migrants: A Case Study Merve Yıldırım Uzan | COFFEE BREAK PANEL Expanding the scope of psychological flexibility in psychotherapeutic practice: Facilitating change processes Chair: Paulomi Sudhir Cognitive Flexibility and Transdiagnostic Nature of Sleep: Insights from a case Series Jemimah Johnson The Role of Psychological Flexibility in ERP for OCD: Enhancing Inhibitory Learning and Engagement Mareena Thampy | | PANEL An Integrative Perspective on the Mother-Infant Relationship Chair: Ece Pınar Karataş Aslıhan Güven Feride Aytuğ Öztürk Sena Anlar | PANEL Understanding the Relationship in Integrative Psychotherapy: Therapist's Use of Self and Attachment Dynamics Chair: Mine Varol Betül Altıntaş Ece Pınar Karataş Duygu Tatlıdil | MINI- WORKSHOP The Integrative Phases of Self-Reconstruction within the Core Formation Model Framework Chair: Nurşen Şirin Gamze Koçak Muhammed Emin Şener Nurşen Şirin |

Dilek Yeşilbaş

case report of infertility with bipolar disorder diagnosis

Psychological flexibility and

change in clients with personality vulnerabilities

Paulomi Sudhir

mindfulness in schema work: reflections on mechanisms of